

Queensland Race Walking Club Inc.

Building on a fine tradition of race walking, 66 years in the making.



HEEL & TOE

November 25th 2021

100 days to go until the World Athletics Race Walking Team Championships

**2022 World Athletics Race Walking Championships
Muscat, Oman, March 4-5th**

The Championships will feature a male and female 20KM race, U20 male and female 10KM races and Masters categories, scheduled for Friday, March 4, 2022. The following day there will also be a 35KM combined race.

To mark the milestone in the countdown, the Organising Committee has unveiled the exclusive brand identity for the event, which features iconic Muscat landmarks the Al Alam Palace, the Riyam Park monument and Al Sahwa Clock Tower above a traditional Omani tile pattern motif.

All set within the frame of the World Athletics symbol used for all World Athletics Series events. Shaikh Salim al Amri, President of Oman Athletics Association, said, "Plans for the event are progressing rapidly. We have held work sessions together to narrow down the details and deliver a highly-professional, well-coordinated event for athletes, coaches and international media. This is a unique opportunity for Oman to enhance athletics within the country and establish ourselves as a viable host nation for future events and we are determined to make sure the 2022 Race Walking Team Championships live long in the memory." Racing will centre around the pristine landscaped gardens of the Oman Convention and Exhibition Centre in the heart of Muscat from March 1-6, 2022.

The venue offers a variety of elevations to challenge the racers and a viewing platform will be set up within the Spectators Village to offer a perfect vantage point for the live audience.

Eng Said al Shanfari, CEO of Oman Convention and Exhibition Centre (OCEC), said, "This is a great achievement for Oman and we are incredibly proud to host the 2022 Race Walking Team Championships. OCEC has designed a challenging and inspiring course which will test the competitors while showcasing the beauty of our location to the live audience. To take such a leading role in Oman's sporting evolution is a responsibility we are delighted to have, and hopefully this will be the first of many World Athletics events to visit our nation."

The week of racing in Muscat will be a celebration of athletics with a 1KM and 2KM Kids' Run and Park Run Festival event either side of the main competition with a health and fitness exhibition on site to inspire local athletes and visitors to become more active. Participating squads for the World Athletics Race Walking Team Championships (Muscat 22) will be chosen by national athletics federations.

World University Games Chengdu, China June 26th -July 7th

Unisport Australia have advised that FISU and the event organisers have rescheduled the competition for 26 June - 7 July 2022.

2022 World Athletics Championships Eugene, USA

The World Athletics Championships will be held in Eugene, USA from 15-24 July, 2022. The World Championships will feature 20km and 35km race walking events for men and women in Oregon.

2022 Commonwealth Games Birmingham

Commonwealth Games Walks

Saturday August 6th

Women's 10,000m Walk Final

Sunday August 7th

Men's 10,000m Walk Final

2022 U20 World Athletics Championships Cali, Columbia August 2-7th 2022

RESULTS RESULTS RESULTS

Unable to get across the border to compete Lyla Williams recently made the trip to Sydney in order to race and to get some much needed competition. And a successfully trip it was with Lyla winning the open women's 3,000 metres in 14:57.

NSW 2021 3000m Championships – support events

November 13th SOPAC Warm-Up Track

Women 3000 Meter Race Walk Open

1 Williams, Lyla Asics Wests Track & Field Club 14:57.34

2 Woods, Zoe Asics Wests Track & Field Club 14:58.25
3 Cassilles, Ciara Westfields 15:48.21
4 Mitchell, Maisie Asics Wests Track & Field Club 16:32.67
5 Munroe, Ella Hills District Amateur Athleti 16:39.01
6 Bell, Bridget Asics Wests Track & Field Club 16:58.85
7 Thomas, Emma Parramatta City Track & Field 17:09.40
8 Sivaraj, Summer Asics Wests Track & Field Club 17:35.09
9 Lamb, Chloe Randwick Botany Harriers Athle 17:40.16
10 Norden, Lilah Kembla Joggers Inc. 18:06.27
11 Hickson, Alannah Asics Wests Track & Field Club 18:13.86
12 Ashby, Caetlin Gosford Little Athletics 18:32.87
13 Cochrane, Imogen Asics Wests Track & Field Club 18:40.08
14 Corvalan Sotomayor, Laura Girraween 18:46.68
15 Woodward, Antoinette U.T.S. Northern Suburbs Athlet 19:59.47
16 Hoskins, Emma Hills District Amateur Athleti 20:48.26
--- Loring, Jessica Parramatta City Track & Field DNF

Track Race Walks Coming Up

QMA Meets

Saturday November 27th

8.00am 3,000m Walk

9.45am 1 Mile Walk

Saturday 4 December 4th

8.00am 2,000m Walk

Wednesday December 15th (Note: was the 8th)

7.00pm 5,000m or 3,000m Walk

8.30pm 1,500m Walk

Saturday February 19th

QMA 3000m Walk Championships

Important Information for Masters athletes and Juniors wanting to compete as a Visitor at QMA meets.

All members, visitors and accompanying persons MUST check in at the gate using the Queensland QR code.

QMA members are requested to register and pay ground fees on-line.

Visitors and members unable to register on-line will be able to enter and pay ground fees (\$10 cash) at the track on the morning.

Current singlet numbers must be worn. Visitors will receive a temporary number.

New numbers will be issued later in the season to members who have renewed and new members.

QA Dane Bird-Smith Shield SAC

December 4th

6.00pm 3,000 metres M/F

6.30pm 5,000 metres M/F

Gold Coast Masters

Sunday 5th December

8.00am 1500m Run/Walk

AUSTRALIAN MASTERS ATHLETICS
CHAMPIONSHIPS 2022



Brisbane, Queensland
1 April to 4 April 2022

Draft Program

Friday April 1st

1,500m Walk

Saturday 2nd April 2nd

5,000m Walk

Sunday April 3rd

10km Road Walk Davies Park, Riverside Drive, West End (preferred venue)

Registration Opens 3rd January 2022

Registration for the 2022 Championships will not open until 3rd January 2022, and the final closing date for receipt of entries will be 7th March 2022. At this stage the intent is to maintain the 2020 entry fees, which are \$60 "early-bird" admin fee for those who register by 21st February 2022, else the admin fee will be \$110. In addition, entry fees will be \$20 per event.

Have you Registered for the Track Season ?



Qld Racewalking Club is excited to announce that we have opened up our registration portal to members who wish to register with QRWC with a view to representing QRWC at QA meets in the coming year.

Our membership year will now commence in October each year to align with Qld Athletics' (QA) membership year. This will allow athletes wishing to compete at QA events representing QRWC, to take out a combined QRWC/QA membership in or after October each year. Once registered, athletes can represent QRWC at the various QA competitions held throughout the year, including the QA Road Walking Championships, QA Shield Meets and Qld Athletics Championships. Please note that QA offers 3 levels of membership. More information can be found below or at

<https://cdn.revolutionise.com.au/site/qqmoo3oyiea1blrd.pdf>

Of course, for those athletes not wishing to compete at or represent QRWC at QA events, QRWC will retain the current membership options whereby only the QRWC club fee (ie. \$15 Student/\$25 Non-Student) will apply. This membership can be taken out at any time prior to the start of the QRWC winter season in April 2022.

All QRWC memberships taken out from this point onwards, irrespective of whether a QA membership is also included, will remain valid until September 2022 and will cover the traditional QRWC winter racewalking season.

Please do not hesitate to contact QRWC Registrar Jenny Stuckey qrwcregistrar@gmail.com if you have any questions about the membership options or registration/renewal process.

QRWC is a Queensland Athletics - associated track and field club.

"Queensland Athletics has no intention of changing the recognition and registration of the Queensland Race Walking Club and any such rumours are completely unfounded." QA
CEO David Gynther

Racewalking Queensland Management Committee 2021/22

President: P Bennett **Secretary/Treasurer:** N. McKinven
Vice President. I Jimenez
Committee: J Stuckey, S McCure, J-R McRoberts, S Pearson, D Millard, K Martin
Patrons: Patrick & Maxine Sela
Registrar: J Stuckey / C Chadwick
Equipment J McRoberts
Uniforms: J Stuckey
Publicity / Media C Chadwick
Newsletter Editor: P. Bennett
Club Captains: Jasmine-Rose McRoberts / Ignacio Jimenez

Race Walk Coaching

If you are looking for coach or would like to be part of a training squad here are the qualified coaches in the club:

Noela McKinven Walks Level 4
Robyn Wales Walks Level 3
Shane Pearson Walks Level 3
Steve Langley Walks Level 2
Jasmine-Rose McRoberts Level 2 Club coach

Queensland Athletics Member Protection Policy

As a member of Athletics Australia, Queensland Athletics, an affiliated club or an individual member everyone is required to comply with the Queensland Athletics Member Protection Policy. We are committed to the health, safety and general well-being of all of our members and will work to ensure that everyone associated with our organisation complies with this policy. We would encourage all who are involved in athletics to familiarise themselves and comply with this policy.

You can read the full policy here

<http://www.qldathletics.org.au/Portals/50/General/QA%20Member%20Protection%20Policy%20-%20July%202015.pdf>

Contact emails:

qrwc1@optusnet.com.au Membership, coaching or general enquiries about the club
racewalkqld@outlook.com Articles for the newsletter, to send in results, to join newsletter mailing list.

About us

Racewalking Queensland conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter. We value your input.

For news and information on the Australian Federation of Race Walking (Racewalking Australia) and the member clubs go to www.rwa.org.au

RWA Facebook page <https://www.facebook.com/racewalkingaustralia/>

